



Dear Employer

As part of our local **Carers Rights Day (20 November 2025) campaign**, we want to highlight the importance of **identifying and supporting unpaid carers in the workplace**.

Every year, more than **1.9 million people in paid employment become unpaid carers** – that's around **5,300 people** every day. Caring can develop gradually, or it can happen overnight, and it affects us all. **Anyone can become a carer**, whether you're looking after an elderly relative, a child with special educational needs or a disability, a spouse diagnosed with an illness, or supporting a friend or neighbour who cannot cope without your support.

Balancing work and caring responsibilities can be extremely stressful. It's no surprise that around 600 people a day leave work to care for someone, often highly skilled employees at the peak of their careers.

We're encouraging businesses and organisations across **South Tees** to consider how they can **support employees juggling work and caring responsibilities**. We Care You Care offers **free awareness sessions** designed to:

- Show the business benefits of supporting working carers
- Explain legal responsibilities towards employees with caring duties
- Support staff in community-facing roles to recognise and engage with carers, and signpost to local carer support services
- Share practical ideas and best practice examples employers can implement

For more information, visit our website: wecareyoucare.info/professionals/employers or email: hello@wecareyoucare.info

Supporting working carers is not just the right thing to do, it helps retain skills, reduces absenteeism and promotes staff wellbeing.

Yours faithfully

Mkendall

We Care You Care Project Officer

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