



Celebrating 25 Years
of Mental Health

Middlesbrough and Stockton Mind

The Mind Centre | 90-92 Lothian Road | Middlesbrough | TS4 2QX

    @MboroStcktnMind

Christmas Crafts

MAKE YOUR OWN CHRISTMAS CENTRE PIECE!

We invite carers to get involved in creating a
Christmas centre-piece with us...

This will be over the duration of two hours, where we
can create a beautiful candle holder for your home, or
as a gift for someone else!

Come and enjoy the day with some festive crafts.

WHERE?

Middlesbrough and Stockton Mind
The Mind Centre, 90-92 Lothian
Road,
Middlesbrough, TS4 2QX

WHEN?

Thursday 2nd December
10am-12pm

CONTACT US TO BOOK:

Renée 07525832768 or
Shazana 07860267838

