



Carers Together

supporting and connecting carers in local communities

Do you look after someone who is ill, frail, disabled or has mental health or substance misuse problems?

- A mum or dad
- A husband or wife
- A friend
- A child
- A brother or sister
- A relative
- A partner

If so, you are a carer.



Carers Together provides information and support for carers aged 18 and over, individually and in groups in Redcar & Cleveland and Middlesbrough.

This can be at home, in local community venues, at our premises or by phone or email.

01642 488977

Email: info@carerstogether-rc.org.uk

Carers Together

Innovation Centre, Vienna Court, Corfu Way, Kirkleatham Business Park, Redcar TS10 5SH

The TAD Centre, Ormesby Road, Middlesbrough TS3 7SF

www.carerstogether.co.uk



Carers Together offers:

- Information and Support for carers
- Carers Assessments and support plans
- A Carers Card
- A Welfare Rights Service
- A Counselling Service
- Support for carers of people in hospitals
- Information and support for employers
- Activities and events
- Training for carers and professionals

Our services help carers with any issues they may face, including finances, benefits, health problems, housing, training, employment, taking a break from caring or concerns about the person they care for.

We will:

- Listen to carers
- Help carers to identify their needs
- Work with people to find solutions
- Support carers in meetings
- Liaise with other organisations
- Give carers a voice
- Provide flexible support that can adapt to people's changing needs.

We welcome carers' feedback. Any complaints, compliments or suggestions for improvements can be made by phone, email, letter or face-to-face with any of our staff.



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